

FOR IMMEDIATE RELEASE

**Indiana County Plans to Celebrate Safe Biking and Walking Month with Five Events**

May is National Bike Month. It is Also Safe Biking and Walking Month in Indiana County! As part of the celebration, Indiana County residents can improve personal health and fitness, cut down on traffic and parking congestion, and enhance air quality by bicycling, walking, or using transit to travel safely to local destinations. All Indiana County residents are always encouraged to walk or ride their bicycles or use public transit, especially throughout this month of May and with a special emphasis on safety. The Indiana County Active Transportation Advisory Committee (ICATAC), and many partners, have organized five free exciting events to promote walking and bicycling, to increase safety, awareness and respect for people walking or bicycling, to have fun and to recognize the importance and value of Active Transportation in Indiana County. The FREE events are as follows:

**May 7, Bike to School Day- Indiana Area School District**

**May 16, Bike Walk or Bus to Work Day**

**May 17, Bike Rodeo- Children’s Advisory Commission**

**May 20, “Safer Together”- Safe Biking Walking and Driving Workshop**

**May 30, Indiana Borough WalkWorks Route Relaunch**

**Bike to School Day:**

Join a guided ride from the KCAC to Horace Mann Elementary and Indiana Junior High School (Eisenhower)! Please ensure your child has a bike and well-fitted safety gear appropriate for their size and skill level. Parents are welcome to join. Meet outside the KCAC doors facing the football stadium; please arrive no later than 7:45 am.

This year’s event will begin outside the Kovalchick Convention and Athletic Complex in White Township. At approximately 8:00 a.m., The Indiana County Commissioners, Indiana County Sheriff’s Department, Indiana Borough Police, Citizens Ambulance, teachers and administrators from the Indiana Area School District and representatives from the organizing partners will lead cyclists from the KCAC to Horace Mann Elementary and the Indiana Area Junior High School (Eisenhower) to promote the importance of physical activity, safety and health benefits that can be obtained by bicycling to school and work. Breakfast snacks courtesy of IRMC and bicycle safety checks, courtesy of Indiana Cycling Center, are provided. Support also provided by the IUP Institute for Rural Health and Safety.

The Bike to School Day event will be held rain or shine. For more information, contact Mike Travis, Transportation and Safety Director at the Indiana Area School District at 724-463-7591 or Josh Krug, Deputy Director of Planning, at the Indiana County Office of Planning & Development at 724-465-3877.

**Bike, Walk, or Bus to Work Day:**

In support of the National Bike to Work Day (League of American Bicyclists) , Friday, May 16, 2025, will be “Bike, Walk, or Bus to Work Day” in Indiana County! Partners, including the Indiana County Commissioners, the Indiana County Planning Commission, the Indiana County Chamber of Commerce, Downtown Indiana, the Indiana County Transit Authority (IndiGO), and the Indiana County Tourist Bureau, encourage residents across Indiana County to participate by walking, biking, or using public transit as a means of transportation to and from work!

**Annual Bike Rodeo:**

Join the Children’s Advisory Commission and partners for the annual Bike Rodeo! Whether you’re a beginner or a seasoned rider, this is your chance to have fun, improve your bike skills, and stay safe on the road. We will have safety materials, bike stations, bike safety checks and more. Don’t forget your helmet! Join May 17 from 10:00am-2:00pm at Career Link, 300 Indian Springs Road.

**“Safer Together”- Safe Biking, Walking and Driving Workshop:**

This seminar will teach bicyclists, pedestrians, and drivers how to keep each other safe on our roadways by practicing safe biking and driving habits and following the laws related to each transportation mode. Leann Chaney, Senior Active Transportation Planner with Southwestern Pennsylvania Commission (SPC), will lead the presentation and discussion. For everyone including new drivers, drivers looking to stay keep themselves and others safe, new and experienced bike riders, and pedestrians of all ages. Learn tips to be cautious, follow traffic laws, and reduce accidents. Join May 20 from 6:00pm-7:30pm at 280 Indian Springs Road, Third Floor Conference room.

**Indiana Borough WalkWorks Route Relaunch**

Meet at IRMC Park (North 7<sup>th</sup> Street), Indiana, for any of three opportunities to take part in the relaunch of the Borough’s WalkWorks Route. Join the Indiana County WalkWorks program in collaboration with Indiana Borough for and enjoyable a 2 mile walk featuring 6 points of interest and more! Meeting times at 12:15pm, 4:45pm, and 7:00pm, May 30.

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