

# 8<sup>TH</sup> ANNUAL

JOIN US FOR FREE EVENTS



# 2024 SERIES

ALL ARE WELCOME!

The Decathlon makes staying active February through May in Indiana County, PA easy & fun!

Sign in at our events or post photos of your walk on our Facebook to be eligible for a prize drawing!

Prizes will be drawn at 1PM in the Blue Spruce Park Gazebo during Nature Palooza June 1<sup>st</sup>, 2024. SIGN UP at in-person events, or POST on the "Indiana County Walking Decathlon" Facebook page with #ICDecathlon2024 by May 24th to be eligible.



## HOT CHOCOLATE WALK 🍷/!!/!!

**SATURDAY, FEBRUARY 3<sup>RD</sup> AT 10AM**

**MEET: Blue Spruce Park Pavilion #1, 1128 Blue Spruce Rd, Indiana**

Join us as we kickoff the 2024 Indiana County Decathlon series with a winter walk led by Barb Hauge or hand feeding the chickadees with Ray Winstead. Warm up with a complimentary cup of Hot Chocolate. An easy walk on paved area and/or moderate walk on trails. Please dress appropriately for the winter weather.



## EAGLE WATCH AT LOYALHANNA DAM\* 🍷/!!

**SATURDAY, MARCH 9<sup>TH</sup> AT 9AM**

**MEET: Loyalhanna Dam Park Office, 440 Loyalhanna Dam Rd, Saltsburg**

Check out the Bald Eagles at Loyalhanna Dam! Bring your own binoculars or use the ones provided to watch eagles hanging out in the area. Stay as long as you like! If raining steadily, snowing, or below 32 degrees, this event will be cancelled. Watch the Yellow Creek State Park Official Facebook Page for updates. For ages 6+.



## CHERRY TREE BOROUGH WALK !!

**SATURDAY, MARCH 16<sup>TH</sup> AT 1PM**

**MEET: Cherry Tree Park, 801 S Main St, Cherry Tree**

Visit a historic monument along a walk through the town of Cherry Tree and its levy! Learn about the impactful history of the monument and the town as well as the Purchase Line. Click the Decathlon logo at icopd.org for a flyer version of this walk.



## GLEN CAMPBELL WALKWORKS ROUTE !!

**SATURDAY, MARCH 23<sup>RD</sup> AT 1PM**

**MEET: First Baptist Church, 334 Glenwood Ave, Glen Campbell**

Step back in time and explore the rich history of Glen Campbell, Pennsylvania, on this guided walking tour. Walking along one of the first WalkWorks routes in the County, we will explore sites significant to the community and discuss its history and role in the development of the County.



## BLUEBIRD WALK WITH THE GAME WARDEN !!

**SATURDAY, APRIL 13<sup>TH</sup> AT 10AM**

**MEET: Yellow Creek State Park Environmental Learning Center**

Learn about bluebirds and their preferred house design from the Game Warden as you walk through a meadow to see nearby bluebird house installations.

**BROUGHT TO YOU BY:**



**MORE WALKS ON BACK!**

For more information, walks, and self-guided flyers, visit us on Facebook at Indiana County Walking Decathlon or online at icopd.org, then click the Decathlon logo. Questions? Email msarver@ceo.co.indiana.pa.us

LEVEL OF DIFFICULTY: wheelchair accessible  easy  moderate  difficult 

**WALK WITH A DOC**  

**SATURDAY, APRIL 20TH AT 10:30AM**

*Rain Date: Sunday 21, 10:30 AM*

**MEET: White Township Recreation Complex Tennis Courts, 495 East Pike Rd, Indiana**

Walk your way to wellness with Dr. Yarkoni! Join this friendly cardiologist for a stroll around the scenic, paved paths of the Rec Complex ballfields. Enjoy the fresh air and friendly conversation. Leave feeling energized and informed!

**SLOW ROLL BIKE RIDE**  

**SATURDAY, APRIL 27TH AT 10:30AM**

**MEET: Intersection of Church and 8th Streets, Indiana**

Gear up for adventure: Grab your helmet for a leisurely "Slow Roll" bike ride across town, celebrating the start of Bike Month together! Join this joyful journey across town, from the 8th Street Trailhead to the White Township Recreation Complex. All wheels welcome - bikes, wheelchairs, it's a rollin' party!

**FAMILY FITNESS CHALLENGE AT HEALTHY KIDS DAY** 

**SATURDAY, MAY 4TH AT 10AM**

**MEET: Indiana County YMCA, 60 N. Ben Franklin Rd, Indiana**

Enter a fitness challenge created by IUP Exercise Science students that tests families strength, endurance, cooperation, and problem solving skills. For more information, call Sara Weaver YMCA of Indiana County at (724) 463-9622.

**MOTHER'S DAY WALK AND TEA\*** 

**SUNDAY, MAY 12TH AT 2PM**

**MEET: Yellow Creek State Park Environmental Learning Center**

Take a walk to learn about local plants and their edible and medicinal uses. Then enjoy some "weeds" in tasty treats! Dress for the weather! In case of hard rain, the event will be moved indoors. \*Pre-register by 05/06/24: Email Cindy Rogers at rogers944@comcast.net

**SPRING TREE WALK WITH A FORESTER\***  

**WEDNESDAY, MAY 15TH AT 5:15PM**

**MEET: Yellow Creek State Park North Shore Pavilion**

Enjoy a walk through forest & field with Environmental Education Specialist Lisa Meadows and Service Forester Chris Fatzinger. Learn the basics of native plant and invasive plant identification, wildlife habitat strategies, timber management, and forest ecology. Please wear hiking shoes, long pants, and bring water. Bug spray is recommended. Check the Friends of Yellow Creek Facebook page for cancellations.

**BLAIRSVILLE ARCHITECTURE WALK WITH KEVIN PATRICK** 

**SATURDAY, MAY 18TH AT 10:30AM**

**MEET: Intersection of West Market and Liberty Streets, Blairsville**

Dr. Kevin Patrick guides you on an engaging architectural journey, unearthing the captivating stories behind the town's historic buildings. Delight in the past, cherish the present, and leave with a newfound appreciation for your surroundings.

**143 DAY - SWEATER WALK** 

**THURSDAY, MAY 23RD AT 6PM**

**MEET: Buttermilk Falls Trailhead, 570 Valley Brook Rd, New Florence**

Toss on your favorite sweater to celebrate the legacy of Mr. Rogers! On our walk we will learn about the significance that Buttermilk Falls played in shaping the outlook of Fred Rogers of children's television fame.

**NATURE PALOOZA 2023** 

**SATURDAY, JUNE 1ST AT 10AM**

**MEET: Blue Spruce Park Lakeside Center, 1128 Blue Spruce Rd, Indiana**

Join the Children's Advisory Commission for a fun-filled day of nature exploration! There will be hiking, biking, live animals, games, fishing, a scavenger hunt, and more activities! At 1PM in the Gazebo the Indiana County Decathlon committee will draw prizes for participants who signed up at Decathlon events, and those who posted their photos to the Facebook "Indiana County Walking Decathlon" page with #ICDecathlon2023.

**SELF-LED WALKS**

**HISTORIC 6TH STREET WALK** 

The Indiana County Decathlon team partnered with the Indiana County Historical & Genealogical Society to bring you a new walking route with historical facts about Indiana Borough.

**CHERRY TREE BOROUGH WALK** 

For more information, see the event description for the Cherry Tree Borough Walk on the front page.

**VISIT [ICOPD.ORG](https://www.icopd.org) FOR MORE WALKS, OR SCAN HERE!**



**POST ON FACEBOOK WITH #ICDECATHLON2024 TO BE ENTERED IN A DRAWING FOR PRIZES!**

**\*IN COOPERATION WITH FRIENDS OF THE PARKS**

Space is limited. RSVP by emailing Lisa Meadows at limeadows@pa.gov with name, phone, and number in your party. Find more events with Friends of the Parks (FOP) at indianacountyparks.org